

# “Delight” LifeGroup Study Questions

**Prepare and Pray** • With your Bible, pen, notebook/journal, and this study guide, find a quiet place. Write down 4-6 concerns that have been on your mind this week and say a simple prayer inviting the Holy Spirit to speak and reveal himself as you study God’s Word.

**Read this week’s Bible passage** \_\_\_\_\_

“Delight yourself in the LORD, and he will give you the desires of your heart.” Psalms 37:4 (ESV) Please memorize our theme verse for this sermon series. In this series, we will consider what it means to delight ourselves in God.

**Observe** – List the facts of this passage (what is happening, where and when is this taking place, who is involved). Jot down your thoughts, impressions, or questions. Does this passage relate to the idea of delight? If so, how?

**Interpret** – What is the main point of this passage? Ask questions like • Is there a command to obey? • Is there a promise to claim? • Is there a condition to that promise? • Is there a warning to heed? • Is there an example to follow or avoid

Summarize in one sentence what God is saying in this passage.

**Apply** – Before you proceed, please stop and ask God to tell you how to apply this lesson. Please take 3 minutes in silence to simply listen. The goal is to put into practice what God is telling us through the Bible.

How will you apply this lesson?

**Pray** in response to the Lord. You can write a short prayer (i.e. - you can thank God, share with God your desires and/or struggles with what you read and understood, or pray for others who come to mind)

## How are you really doing?